



The Roanoke Skier & Adventurer

The Monthly Newsletter for the Roanoke Ski & Adventure Club

President's Message



**In like a Lion and
Out like a Lamb...**
ya think?



Though our weather seems more like Spring these days with daffodils blooming and temps in the 50 to 60 range, out west we are currently enjoying skiing to the fullest at Snowmass and Steamboat. "Out like a Lion..." may be more likely for us as some of our deepest snowfalls locally have come between the 11th & 15th of March, so keep your powder dry (*pun intended!*).

Now, on with the show...

Well, both Ski and Adventure surveys are now in. We are tabulating results (which will take some time) and will have selected destinations for our April 15st End of Season party at Hidden Valley. Make note of this date and plan to attend. It will be amazing! The February 3rd annual Lasagna Dinner meeting was the best with 86 in attendance and with rave reviews for both the food and our guest speaker, Bill Phillips, of Mr. Bill's Wines. Being educated in things of importance to our membership (i.e., food & drink) is always a top goal of ours, and this success was so sweet!

Moving ahead to March 8th will be our 2nd annual Chili Cook-off. This year the location will be at the Chaos Mountain Brewery in Callaway. Though it may seem a long way, it is only 23 minutes from the Tanglewood Mall towards Boones Mill, and a lovely drive it is. The beers are excellent and on a Sunday afternoon a good time can be assured regardless of the weather. So, it is now time to let Carol Via know if you think you have the chili recipe deluxe and are willing to enter the fray. Additionally, for those willing to chance something different I will provide a chili offering of elk procured while you were dancing at the Christmas party.

Lastly, our Board is looking for anyone who might have an interest in joining our team. Though our elected members will continue, associate positions are still available. Check with us.

Thank you all for your continued support and suggestions. They surely help.

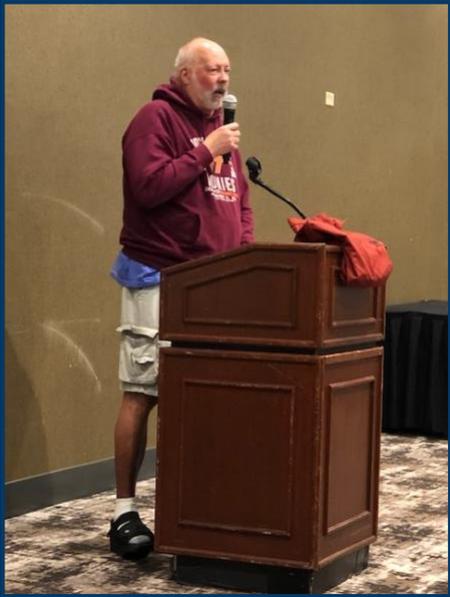
Don Hanley, President

*To actively promote and engage our members' appreciation of the outdoors,
our love of skiing, travel, and adventure.*

Event Summary:

**RSAC Meeting at the Holiday Inn, Valleyview
Wednesday, February 6th**

With Presentation by Mr. Bill from [Mr. Bill's Wine Cellar](#)



Upcoming Events:

Be on the lookout and/or Save the Date!

Membership Meeting - **Sunday, March 8th at 2:00pm**

Membership meeting and Chili Cook Off
Chaos Mountain Brewing
3135 Dillons Mill Rd., Callaway, VA 24067



Happy Hours

- Wednesday, March 25th, at 5:30pm
- Jimmy V's
- 3404 Brandon Ave. SW
- Roanoke VA
- Emily Hurst hosting



Future Events:

Happy Hour

Tuesday, April 7, 5:30pm

Village Grill for Taco Tuesday,
1802 Memorial Avenue
Emily Hurst hosting

Membership meeting

Wednesday, April 15, 6:30pm

Venue: Hidden Valley Country Club *(to be confirmed)*

Tree Top Zip Line at Explore Park

Saturday, May 2, from 10am-12 :30pm

Lunch and Brews at Brugh Tavern afterwards
(see later for details)

Happy Hour

Monday, May 18, 5:30pm

Rodeo Chico, 200 Town Center Street, Daleville (off 220N)

Emily Hurst hosting

Dorothy, Activities Director

Keep an eye on the Facebook page for last minute events we may put together!

[Click the dates to easily add the events to your Google calendar!](#)

Tree Top Zip Line at Explore Park - Details

Saturday, MAY 2nd from 10am-12 :30pm

Lunch and Brews at Brugh Tavern afterwards.

We can go on the Parkway or Rutrough Rd. to get there. Everyone must be evaluated at "ground school " to determine skill level first. You must weigh under 250 lbs. and wear closed toes shoes. There are diff. lines according to your ability. They will loan you helmets and equipment.

Call Luwana Blankenship at 540.777.6391 at Roanoke County Parks and Recreation and ask for Roanoke Ski and Adventure Club discount. They will give us a discount price, \$31.50, if we get between 25-40 people. We can hike, relax and taste the food and beer afterwards. Linda Harrison 540 343 2783



NEWS

Operation Warm

RSAC officers at Jackets Presentation at Roanoke City Public Schools Office



TRIPS

Our first western ski trips to Banff, Canada was huge success with great conditions, weather, and fun times! Please see Trip Leader Jack Orsinger's writeup and photos in this newsletter.

We currently have a group of members in Snowmass led by Marla Kemsey with the back-to-back trip to Steamboat to follow. We have over 40 skiers at Snowmass with perfect conditions. More on this trip in next newsletter.

Lastly, thanks to those of you who completed our Ski and Adventure trip Surveys. Your valuable input will help us determine where we will go next year. We are now in the process of evaluating both surveys in order to present some really exciting trips to you in 2021.

HAPPY SKIING!!!!!!!

Bill Fleshman
Trip Director

See next page for Melinda's travel tips for the ski season. Many of these apply to Adventure trips as well. It never hurts repeating good advice.

TRIP LINEUP FOR 2020

The following is a summary of the 2020 trips. More detail is posted on the website, <http://roanokeskiclub.org/trips.htm>.

<u>Ski Trips</u>	<u>Dates</u>	<u>Trip Leader(s)</u>
Banff /Lake Louise, Canada	Jan. 25-Feb.1, 2020	Jack Orsinger
Snowmass, CO	Feb. 22-29, 2020	Marla Kemsey
Steamboat, CO	Feb. 29-Mar.7, 2020	Marla Kemsey
Back to back Snowmass/Steamboat	Feb. 22-Mar.7, 2020	Marla Kemsey
Big Sky, MT	Mar. 14-21, 2020	Steve Worman

<u>Adventure Trips</u>	<u>Dates</u>	<u>Trip Leader(s)</u>
Lisbon/Duoro River Cruise	Apr. 2-13, 2020	Bob Strickland
Lisbon/Duoro River Cruise	Apr. 19-30, 2020	Dudley Parks
Alps/Lakes of Switzerland and Italy	Sept. 6-16, 2020	Bill Fleshman
New Zealand and Sydney Adventure	Nov. 1-13, 2020	Dave Cohan/Dave Harrison

Melinda's Top 10 Travel Tips

#10 Call your bank and cell phone provider to be sure your card and phone plan work at your destination. There's nothing more frustrating than going to pay for dinner at a restaurant and your card is declined or flagged for fraud. This is especially important for those traveling overseas.

#9 Print out your particulars. Make a list of your medications and supplements and keep it in your wallet with your insurance card. Also, make a copy of your ID and the front/back of the credit cards you'll be taking. Save this in a secure place in your carry-on bag. If you lose them or something happens to your original documents while traveling, it will be easy to get them replaced and get home!

#8 Leave extra room (weight) in your bag for souvenirs and items you want to return with. There's nothing more embarrassing than checking in your baggage at the airport only to find out you've gone overweight...then you've got to open your suitcase and all your personal items are in view for the whole airport to see.

#7 Know your surroundings. If you're going to be at high altitude, make sure you give yourself time to acclimate. If you're going to a foreign country, make sure you have contact numbers, translation guide for the language, and conversion apps so you know how to convert money at restaurants, shops, etc. The more aware you are of your surroundings, the less stress and more fun can be had.

#6 Find a "buddy" or two or three that is at your same skier/activity level. When you play in groups, it's just way more fun (and safer too!)

#5 Hydrate. Travel can be dehydrating. Did you know that airplanes take the humidity level to below 20% (your home is typically at 30%) and sometimes as low as 11%?! This can have an adverse effect on how you feel on and after travel days; leaving you lethargic, weak and sometimes even dizzy (not to mention what happens when you factor in high altitudes). Since caffeine and alcohol have a diuretic effect (causing more urine to be produced), it is wise to limit consumption of such beverages during long flights... not to mention you won't have to pee as much on the flights!

#4 Carry a list of participants' cell phone numbers for easy contact. Once you arrive at your destination you'll want to meet up with different people. Be sure it's easy for you to contact them.

#3 Attend the pre-trip party. Each trip leader will host a pre-trip party. Not only is it fun to meet everyone else going on the trip and have a fun social gathering, the trip leader also provides you with answers to frequently asked questions, resort materials, itineraries, rooming lists, swag and more. Check with your trip leader for the date and details for your specific pre-trip party.

#2 Travel insurance. A small investment can create huge peace of mind (and maybe even save you \$8,000 like it did for Dave Cohan). See your trip leader for the details on obtaining this ASAP!

#1 Get to know those going on your trip. Your trip leader will provide you a roster list of participants. Make a point to introduce yourself at club happy hours, membership meetings and even find them and "friend" them on Facebook.

2020 TRIPS

SkiBig3

BANFF – LAKE LOUISE, CANADA

January 25 – February 1, 2020

Trip Leader: Jack & Deb Orsinger
jack.orsinger@gmail.com

COMPLETED!

Event summary

Although this is a trip that the ski club has gone on in the past, the majority of the group traveling to Alberta CA were experiencing Banff for the first time, particularly in the winter. After seeing pictures of the national park over the years, this trip leader had Banff on his bucket list of places to visit for the past 10 years. When asked to lead this trip, we didn't hesitate to consider our response. While I had high expectations for Banff, the beauty of the Canadian Rockies far exceeded my expectations.

Despite rain & fog in Roanoke and snow in Chicago, the group made all of their connections without any delays coming and going. The group settled into the beautiful Chateau Lake Louise hotel for 3 nights with virtually every amenity desired within the walls of the hotel complex. The hotel was hosting the annual Ice Magic International Ice Carving Competition during the week leading up to our trip so the lawn between the hotel and lake was decked out in some of the most amazing ice sculptures.



Because of an abundance of early season snowfall, snow conditions were good with virtually all of the alpine terrain open to the group. Temperatures the week before our trip were well below zero and as low as -33 F. But the weather moderated considerably by the time we arrived, and we were comfortable with temps in the teens and twenties, ideal for

experiencing wintertime Banff. A few of the highlights at the Lake Louise ski resort included the men's & women's downhill runs featured in the FIS World Cup competition every November, and the Rock Garden, a mogul run strewn with massive boulders from rock slides off the top of Lipalian Mountain above the Larch chair lift. The "above tree line" scenery at the top of both Lake Louise & Sunshine ski resorts was stunning and incredibly expansive.



The group that went on this trip was a trip leader's dream; everyone really blended well together and truly enjoyed one another's company. We gathered in the evenings almost every night to share the stories of our amazing exploits that day. The group enjoyed two receptions / happy hours, one at each of our hotels during our stay that included drinks and great appetizers. The less than 3-year-old Moose Hotel & Suites where we stayed in the town of Banff the last 4 nights had a wonderful mezzanine in their Italian restaurant Pacini. We came away satisfied after sampling 3 sumptuous Italian appetizers - Piatto di salumi, Mozzarella Pomodoro, & Salsicce Piccanti. A group dinner at The Maple Leaf (how Canadian!) offered everyone a great choice of appetizer, entrée and dessert options. We also gathered for Apres-Ski at the Powderkeg Lounge in the base area at Lake Louise ski area where we enjoyed Canadian beer & poutine. The outdoor Ice Bar at Lake Louise was also a highlight and unique gathering place.



This trip was ideal for non-skiers and attracted 5 who weren't there for the Alpine skiing & snowboarding. There were so many options of activities that there just wasn't enough time during the course of the week to take in everything that we wanted to do. Among the outdoor activities the group participated in included cross country skiing, hiking to the Johnston and Lake Louise falls, horse drawn sleigh rides, riding the scenic gondola to the Sky Bistro atop Sulphur Mountain, soaking in the Upper Banff Hot



Springs, snowmobiling, hot tubbing on the rooftop of the Moose, and ice skating on Lake Louise. Snowshoeing thru deep powder in Sunshine Meadows off the top of one of the chairlifts at Sunshine was epic! Even though the trip lasted only a week, it felt like we were gone for 10 days or more. Because we left so much on the table to explore, I'm not going to be able to scratch wintertime

Banff off my bucket list just yet! And we haven't even started talking about summertime which is the most popular time of year to visit!

Thank you to all our fellow travelers! You turned this into a dream adventure that we'll fondly remember the rest of our lives!

Jack & Deb Orsinger, Trip Leaders

ASPEN - SNOWMASS, CO

February 22 - 29, 2020



Trip Leader: Marla Kemsey
marlakemsey1@gmail.com



Completed!

STEAMBOAT, CO

February 29 - March 7, 2020



Trip Leader: Marla Kemsey
marlakemsey1@gmail.com



In progress!

Two back-to-back weeks Ski ASPEN - SNOWMASS, & STEAMBOAT, CO

February 22 – March 7, 2020



\$3,528 per person dbl. occ, with Lift Ticket
\$2,700 per person dbl. occ, with IKON Pass

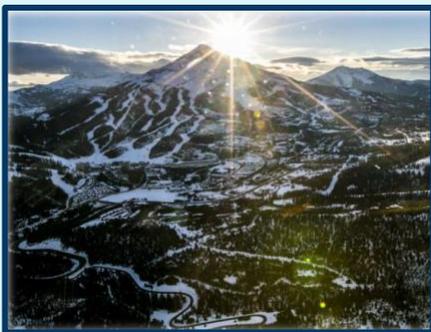
Trip Leader: Marla Kemsey
marlakemsey1@gmail.com



In progress!

BIG SKY, MT

March 14 - March 21, 2020



\$2,399 per person dbl. occ, with Lift Ticket
\$2,000 per person dbl. occ, with IKON Pass

Trip Leader: Steve Worman
sworman@gmail.com



Sold Out – Wait List - Contact Trip Leader now!

PORTUGAL – DUORO RIVER CRUISE

GROUP 1 Apr. 2-13, 2020

GROUP 2 Apr. 19-30, 2020

\$3,760 per person dbl. occ

Trip Leaders:

Bob Strickland (Gp.1) hobtwo02@gmail.com

Dudley Parks (Gp.2) sdparks4@msn.com

Sold Out – Wait List – Contact Trip Leaders!



ALPS/LAKES of SWITZERLAND & ITALY

September 6 – 16, 2020

\$3,992 per person dbl. occ

Trip Leader: Bill Fleshman

bill.fleshman1@gmail.com

Sold Out – Wait List – Contact Trip Leader!



NEW ZEALAND & SYDNEY ADVENTURE

November 1-13, 2020

\$4,375 per person dbl. occ + Air (approx. \$1850)

Trip Leaders: Dave Cohan / Dave Harrison
dcohan@associatedasphalt.com

Sold Out – Wait List – Contact Trip Leader!



FOR SALE

“CONDO” at Snowshoe, WV

Gordon Hamilton's one-bedroom condo, No. 5410 in Silver Creek Lodge is for sale.

For details please see Red Oak Realty listing at:

<https://www.property4u.com/property/6014-5410-Silver-Creek-Snowshoe-WV-26209.d.htm>

Embroidered RSAC logo now available!

ROANOKE



SKI & ADVENTURE CLUB

Show your club spirit and look great on your next trip!

**For only \$5 per item, you can now get the RSAC logo embroidered (as shown above) in black or royal blue on your favorite jacket, sweater, vest, shirt, hat or tote!
(No leather, please.)**

Just take your items to

**Embroidery Concepts,
146 W 4th Street, Salem,
VA 24153
Phone 540.387.0517**



Membership:

Welcome to our newest members!

Ken Dupin
Chris Hamilton
Susan Lumsden
Pamela and Johnny Morris

Announcement:

The Roanoke Ski & Adventure Club is now accepting online membership renewals and online new membership applications. Renewing members should log in with their email address. A password reset screen is available, if needed. There is a \$2 convenience fee for all online membership applications.

Membership dues are: **\$35 for individual, \$50 for family and \$40 single family.** Our Membership year runs from July 1st through June 30th of the following year. Membership applications received on or after April 1st will extend through June 30th of the following year. Please remember that your membership must be up-to-date before registering for any trips.

Applications can be obtained via the Club website under the Membership tab or you can [click here](#). We need the application completed and signed even if you are a returning member!

Marketing:

Pictures! Pictures! Pictures! As we start 2020, and our wonderful ski and adventure trips resume, please email your best pictures. We are updating the back wall of our event tent and would like to show off the fantastic trips the Club offers.

Please contact a board officer.

Thanks!

CHECK THIS OUT!



We will post our events to our new Facebook page so make sure you follow it and share with your friends! Now if you're wondering how to conquer any of these tasks, you'll be relieved to hear we will share these actions plus a few more at an upcoming membership meeting. Stay tuned!

[Click the logo on the left for a direct link!](#) Have you checked it out yet?!?



Treasurer's Report: January 2020

Roanoke Ski & Adventure Club 2019/2020 General Account Summary January, 2020 - Fiscal - Year to Date

<u>Income Category</u>	<u>Total</u>	<u>Budget</u>	<u>Difference</u>
Membership	12,724.51	12,000.00	724.51
50/50 Raffle	880.00	900.00	(20.00)
Guest Fees & Meal Charges	752.50		752.50
Holiday Party ticket sales**	4,620.00	5,000.00	(380.00)
Ikon Pass Admin Fee	760.00	680.00	80.00
Misc.	-	-	-
	-	-	-
TOTAL INCOME	19,737.01	18,580.00	1,157.01
<u>Expense Category</u>			
Activities	-	200.00	200.00
Insurance	574.00	574.00	-
Marketing	440.88	1,000.00	559.12
Membership Meetings	6,611.44	8,000.00	1,388.56
Website	54.07	75.00	20.93
Email & Member software	1,785.84	2,000.00	214.16
Credit Card Fees - Membership Pmts	56.59	20.00	(36.59)
Holiday Party (budgeted equal to sales) **	6,600.35	5,000.00	(1,600.35)
Office (stamps, name badges, folders)	197.56	200.00	2.44
Corporate (PO Box, SCC reg)	171.00	200.00	29.00
Ikon Pass - Member Purchases	390.00	390.00	-
Misc.	-	250.00	250.00
	-	-	-
TOTAL EXPENSES	16,881.73	17,909.00	1,027.27
NET INCOME (LOSS)	2,855.28	671.00	2,184.28

General Checking Account:

Beginning Balance	1/1/20		\$ 11,677.84
Income			
Membership Income		\$	216.01
50/50 Raffle		\$	173.00
Ikon Pass Sales Income			
Lasagna Dinner Proceeds			172.50
Total Income			561.51
Expense			
<u>Date</u>	<u>Ck #</u>	<u>Payee</u>	<u>For</u>
1/2/20	Debit	Affinity Pay	Credit Card Fees Membership 1.35
Total Expense			1.35
Ending Balance	1/31/20		\$ 12,238.00

THAT'S ALL FOLKS!

Stay tuned for next month's news and activities.

WE ARE NOT JUST A SKI CLUB!

CHECK OUT OUR YEAR-ROUND ACTIVITIES AT:

www.roanokeskiclub.org

And [click here](#) to follow us on Facebook!

Roanoke Ski & Adventure Club Board Members:

Contact us at info@roanokeskiclub.org



OFFICE	NAME
President	Don Hanley
Vice President	Linda Harrison
Treasurer	Steve Worman
Secretary	Cathy Kern
Marketing Director	<i>open</i> (past: Heidi Marer)
Membership Director	Rita Purut
Activities Director	Dorothy Pryse
Program Director	Carol Via
Trip Director	Bill Fleshman
Webmaster	Bill Hamill
Newsletter	Clive Hillyard
Past President	Marla Kemsey